# **UConn Rudd Center for Food Policy and Obesity Presentation**

Food Marketing to Youth: What's the Harm?

**Sources** 

## Slide 2: What experts recommend

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#### Slide 3: Too many high-sugar high-fat foods

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## **Slide 4:** Not enough fruits and vegetables

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## Slide 5: Poor diet leads to poor health

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## Slide 6: Lifelong consequences

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## Slide 7: Children may live shorter lives than their parents

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#### Slide 9: The truth about food marketing

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## Slide 10: Children see 13 TV ads for foods and beverages every day

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### **Slide 11:** Foods high in sugar, salt and fat

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#### **Slide 12:** Food marketing works

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## Slide 13: Getting kids' attention

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## Slide 15: Double dose of food marketing

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## Slide 20: What do parents think?

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#### Slide 29: Take action

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