

Feeding Children with Special Needs

Quiz Questions

Points to focus on when watching this video:

- Children with autism spectrum disorder
- Adaptive feeding
- Children with medical diets

Potential Test/Quiz Questions:

1. **Choose all that apply:** Many children with autism spectrum disorder (ASD)
 - a. Have food dislikes and sensitivities
 - b. Will only choose certain textures or colors of food
 - c. May become undernourished if whole food groups are avoided
 - d. May experience a decrease in appetite due to their medications
2. **True or False:** Adapted feeding equipment or tools are used to help children with self-feeding challenges to increase independence and confidence. These tools include cups, plates, and utensils.
3. **Choose all that apply:** For a child with autism spectrum disorder, which of the following will help with mealtimes?
 - a. Giving the child only the foods they like
 - b. Creating a consistent mealtime and routine
 - c. Using a divided plate to keep foods separated
 - d. Removing the child from the rest of the class so that they have no distractions
4. **Choose the best response:** Medical diets are often needed for children with
 - a. Diabetes
 - b. Sickle cell anemia
 - c. Celiac disease
 - d. All the above
5. **True or False:** A dietitian can help create a meal plan with the parents and the center to accommodate a child with special feeding needs or medical diets.
6. **Fill in the blank:** Each child with special dietary needs requires a medical note and a _____ designed by the nurse and dietitian.
7. **True or False:** You can modify a diet if the parent tells you that the child is allergic to food, but it's better to have the child's doctor provide you with clear instructions.

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Answer Guide

1. **Choose all that apply:** Many children with autism spectrum disorder (ASD)

Correct Answer: A, B, C, and D

2. **True or False:** Adapted feeding equipment or tools are used to help children with self-feeding challenges to increase independence and confidence. These tools include cups, plates, and utensils.

Correct Answer: True

3. **Choose all that apply:** For a child with autism spectrum disorder, which of the following will help with mealtimes?

Correct Answer: B and C

4. **Choose the best response:** Medical diets are often needed for children with

Correct Answer: D

5. **True or False:** A dietitian can help create a meal plan with the parents and the center to accommodate a child with special feeding needs or medical diets.

Correct Answer: True

6. **Fill in the blank:** Each child with special dietary needs requires a medical note and a _____ designed by the nurse and dietitian.

Correct Answer: Care Plan

7. **True or False:** You can modify a diet if the parent tells you that the child is allergic to food, but it's better to have the child's doctor provide you with clear instructions.

Correct Answer: False