

Food Allergies

Quiz Questions

Points to focus on when watching this video:

- Food allergy versus food intolerance
- How to manage children's food allergies
- Common food allergies
- Signs and symptoms of food allergies

Potential Test/Quiz Questions:

1. **Choose the best response:** Which condition can be life-threatening?
 - a. Food allergies
 - b. Food preferences
 - c. Food intolerances
2. **Choose the best response:** What is anaphylaxis?
 - a. Being allergic to a food
 - b. Getting a stomach ache from food
 - c. Having the airways close which causes difficulty breathing
3. **Fill in the blank:** Each child with a food allergy needs to have a personalized _____ on file with information from the physician included.
4. **Choose the best response:** When should the EMS be called if the child has any serious allergic reaction?
 - a. As soon as you notice the child is having a food allergy reaction
 - b. After calling the parents
 - c. After administering an EPI pen
5. **Fill in the blanks:** The nine most common allergens include the following: milk, eggs, fish, shellfish, peanuts, tree nuts, sesame seeds, _____ and _____.
6. **Choose the best response:** Which of the following foods is more likely to cause an allergic reaction?
 - a. Chicken
 - b. Tomato
 - c. Strawberries
 - d. Bagel
7. **Fill in the blanks:** Name two symptoms of a food allergy reaction: _____ and _____.

Food Allergies

Answer Guide

1. **Choose the best response:** Which condition can be life-threatening?

Correct Answer: A

2. **Choose the best response:** What is anaphylaxis?

Correct Answer: C

3. **Fill in the blank:** Each child with a food allergy needs to have a personalized _____ on file with information from the physician included.

Correct Answer: Care Plan

4. **Choose the best response:** When should the EMS be called if the child has any serious allergic reaction?

Correct Answer: C

5. **Fill in the blanks:** The nine most common allergens include the following: milk, eggs, fish, shellfish, peanuts, tree nuts, sesame seeds, _____ and _____.

Correct Answer: Wheat, Soy

6. **Choose the best response:** Which of the following foods is more likely to cause an allergic reaction?

Correct Answer: D

7. **Fill in the blanks:** Name two symptoms of a food allergy reaction: _____ and _____.

Correct Answer: Any of the Following – Hives, Difficulty Breathing Vomiting, Diarrhea, Swelling of the Mouth or Throat