

Feeding Scenarios: Infants

Quiz Questions

Points to focus on when watching this video:

- Breast/chest feeding and formula feeding differences
- How to store and handle human milk and formula
- Responsive feeding
- How to add solid foods

Potential Test/Quiz Questions:

1. **Choose the best response:** Hunger cues in an infant include:
 - a. Opening and closing the mouth
 - b. Rooting
 - c. Bringing hands to face
 - d. Making sucking sounds
 - e. All the above
2. **True or False:** An infant should be fed iron-fortified infant formula or breastmilk exclusively from birth through the end of 5 months.
3. **Choose the best response:** One important clue that a child is ready for solid foods is when:
 - a. He/she is at least 4 month-old
 - b. He/she cries a lot
 - c. Whenever the parents think it is time
 - d. When the child can hold his/her head up and follows the spoon
4. **Fill in the blank:** How long can you keep a bottle with human milk without refrigeration that was started by an infant? _____ hours
5. **Fill in the blanks:** An infant only needs _____tbsp of food when they first are introduced to food.
6. **True or False:** If a child is fed another child's human milk, the center should notify both families of the mix-up and reassure families that the chance of infectious disease transmission is small.
7. **True or False:** Foods should be mixed so that a child will more readily accept a new food.
8. **Fill in the blank:** Do not try to introduce a new food until _____ days after another food was introduced to monitor for food allergies.
9. **True or False:** Children may be ready to drink from a cup when they can sit on their own and are able to seal their lower lip around the rim of the cup.

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Answer Guide

1. **Choose the best response:** Hunger cues in an infant include:

Correct Answer: B

2. **True or False:** An infant should be fed iron-fortified infant formula or breastmilk exclusively from birth through the end of 5 months.

Correct Answer: True

3. **Choose the best response:** One important clue that a child is ready for solid foods is when:

Correct Answer: D

4. **Fill in the blank:** How long can you keep a bottle with human milk without refrigeration that was started by an infant? _____ hours

Correct Answer: C

5. **Fill in the blanks:** An infant only needs _____tbsp of food when they first are introduced to food.

Correct Answer: C

6. **True or False:** If a child is fed another child's human milk, the center should notify both families of the mix-up and reassure families that the chance of infectious disease transmission is small.

Correct Answer: True

7. **True or False:** Foods should be mixed so that a child will more readily accept a new food.

Correct Answer: D

8. **Fill in the blank:** Do not try to introduce a new food until _____ days after another food was introduced to monitor for food allergies.

Correct Answer: C

9. **True or False:** Children may be ready to drink from a cup when they can sit on their own and are able to seal their lower lip around the rim of the cup.

Correct Answer: C